

We have a NEW baby!

Name:

Birthdate and Time:

Weight and length:

Having a baby is hard work! We need your assistance in resting and adjusting in order for our family to bond together. We appreciate your visit and appreciate it even more by your helping us to complete necessary tasks in this home so that we can continue to heal, bond and learn all about our new baby.

1. Please do not come in if you are sick or have been around who has been sick. Our baby is precious cargo.
2. Wash your hands as soon as you come in.
3. Pick one or more items from the list below as a gift of time and love to our family. We really appreciate it!

Prepare or arrange a meal
Grocery shopping
Clean up the kitchen
Clean the bathroom
Do a load or two of laundry
Take out the trash

Mop or vacuum
Make the bed
Walk the dog
Take the toddler to the park
Water the plants, garden, lawn
Ask for a task

Thank you,
The proud parents!